

## MEETING REPORT

**Meeting:** St. Louis County Public Health and Human Services Advisory Committee

**Date:** November 16, 2016

**Time:** 10:00 a.m. – 12:00 p.m.

**Place:** Pike Lake Public Works

Members Present: Pat Ives, John Soghigian, Kathy Heltzer, Mary Zupancich, Sarah Priest, Cynthia Kafut-Hagen, Sarah Priest, Nate Sandman, Dawn Lamping, Cindy Lustig, Reyna Crow

Staff present: Linnea Mirsch, Amy Westbook

Members Absent: Amber Madoll (excused), Janet Kennedy (excused), Melanie Shepard (excused), Kevin Walsh (excused), Janet Kennedy (excused), Tina Welsh (excused)

Guests Present: Janelle Nelson, Sonja Kjos, Rebecca Paulson, Jenny Gorenson, Carlton County PHN

Topic	Discussion	Follow Through
Welcome and Introductions	Introductions were made.	Pat Ives encouraged members to introduce themselves to their Commissioner if there is a new Commissioner in their district.
Review of minutes	Motion made by Kathy Heltzer second by Tony Kuznik, with the corrections. Minutes approved	Linnea made edits.
St. Louis County Bridge to Health Data	Presentation by Sonja Kjos, Generations Healthcare Initiatives  Many questions throughout presentation and interest in access/comparison with the Virginia additional sampled population and comparison as well.	<a href="http://bridgetohealthsurvey.org/">http://bridgetohealthsurvey.org/</a>  Presentation will be provided electronically to members.
Nurse Family Partnership Program	Discussion facilitated by Rebecca Paulson, SLC Public Health Nurse about the NFP. NFP is an evidenced-based program designed for first-time, low-income moms. Women need to enroll prior to 3 <sup>rd</sup> trimester and are partnered with a	Committee members agreed to share emails and addresses with the NFP staff.  What would the Advisory Committee like

	<p>RN who works with them during pregnancy and until child turns 2. Three overarching goals:</p> <ul style="list-style-type: none"> <li>- Improve pregnancy outcomes</li> <li>- Improve childhood health &amp; development</li> <li>- Improve women and family economic self-sufficiency</li> </ul> <p>SLC 5 FT nurses (Duluth, Virginia, Hibbing)</p> <p>The National Service Organization of the NFP program sees the Advisory Committee as a valuable tool to be sustainable to the NFP program and to provide counsel and advice to those managing the program.</p> <p>St. Louis County has been doing the program for 10 years. A few years ago the majority of the program was funded with a federal grant (non-competitive grant distributed to counties that serve high-risk population). St. Louis and Carlton counties received these funds through the CHB. Just this past year it was administered as a competitive grant, 27 counties eligible to apply, 15 were funded. The CHB did not receive the funding, along with many other counties with high-risk populations. MIECHV allocation paid for NFP costs (as evidenced-based program) and to hire additional Nurse for NFP. This funding is going away starting October 2017 (effectively 2018).</p> <p>Discussion about how PHHS Advisory Committee came to serve as NFP Advisory Committee and if this works. Committee members introduced themselves and their potential connection to this program. Appear to be “tremendous opportunity” for connection and support, informing the program, referrals for the program, new opportunities and connections for clients and a way to sustain programming. General support for serving in this role, the Committee is willing to respond to questions/problems that NFP is having, benefit for geographic representation and good attendance by</p>	<p>to see from Rebecca/NFP? She is currently scheduled 4 out of 6 of the annual meetings.</p> <ul style="list-style-type: none"> <li>- More information to share about the program, outreach and reminders.</li> <li>- Green handout provided is appropriate for clinicians or providers (more data about why you’d want to refer, benefit for clients)</li> <li>- Additional handouts available for potential women.</li> <li>- Rebecca will email referral sheets to the committee.</li> <li>- Rebecca/other willing to make community presentations with other organizations. Her contact information will be provided to Advisory Committee members.</li> <li>- Advisory Committee requested electronic copies to share.</li> </ul> <p>Handout provided Example - Community Advisory Board activities.</p> <p>Future meeting topic suggested by Tony Kuznik, how PH applies for grants, describe process and look at advising.</p> <p>Nathan Sandman asked for information about program openings and geographic spread. Rebecca responded that the program hasn’t turned people away, but if the program wasn’t able to accept a referral would connect with other programs.</p> <p>Reyna Crow asked for information on how</p>
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	<p>Advisory Committee members.</p> <p>Two major challenges are (1) additional source(s) of funding to sustain program, specifically 1 position, and (2) referrals are down a little (this doesn't appear to be limited to NFP). WIC is top referral source.</p> <p>Pat Ives suggested the Advisory Committee could contact County Commissioners about increasing their support for the program with the loss of MIECHV funds. Northland Foundation is a suggestion with their focus on Early Childhood.</p>	<p>to refer people to program beyond providing a phone number, is there data available on what the program has found in terms of access barriers with a key program component being needs assessment and referral – how the program works with other barriers of access/presenting problems with the people being served. Rebecca will provide statistics from program.</p> <p>Sarah Priest asked for background information about the rest of the county programs to this extent.</p> <p>Pat Ives committed to the January committee being a “working meeting” setting up dates for Rebecca to attend, how she can provide data ahead of time and use the committee time for discussion.</p>
Review Strategic Planning summary document	Copy of changes on one-page summary document provided as requested last meeting. This will be reviewed as part of the January meeting.	Will be on January agenda.
Staff Reports	<p>Linnea Shared about ICWA grant with UMD/FDL/Courts, filling 29 Child Protection SW positions, Adult Services working with limited resources/providers in mental health and substance abuse.</p> <p>Amy shared pamphlets about programs, challenge recruiting PHN especially north working with HR to strategize, Kelly Lind involved with Iron Range Youth Behavioral Task Force to better understand needs of youth with mental health challenges – needs assessment aims to prepare to position the groups in order to respond to the</p>	

	Governor's Mental Health Task Force and recommendations - to have a good understanding of needs and possible solutions for children on the Range.	
Updates	<p>John: Iron Range Youth Behavioral Task Force has looked at continuum of care primarily for adolescence (early childhood will get started in early January). A need for resources for youth in crisis; mobile crisis response team through Range Mental Health Center – initial crisis has response mechanism; if the crisis moves to a need for residential care it isn't available locally – a desire to create a shelter locally for youth, visiting with Arrowhead Center. Arrowhead Center is branching out from chemical dependency to mental health and could focus on co-occurring disorders. Will still need prevention work as well as where youth go after residential treatment. Visited Wilmar facilities, their referrals come from counties (need to continue that discussion with St. Louis County). DHS has funded a study through NAMI to look at State's needs for residential services for adolescents – this group is identifying needs to be prepared to take the Governor's Task Force recommendations and resulting grant funding available.</p> <p>Thank you to PHHS for allowing Committee members to attend the conference, great feedback.</p>	
Meeting Adjourn	Meeting adjourned by consensus.	<p>Pat scheduled 2017 meetings with PW Facility – meeting dates are:</p> <p>Will bring list of vacancies for January meeting; Pat Ives suggested committee members reach out to new Board members and new Legislators. Linnea will clarify if terms will hold even with Commissioner changes.</p>

		The contact person on site (Amanda Mitchell) 218-625-3831 if Committee members need a contact for building information.
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